
BREAKFAST

CONTINENTAL BREAKFAST \$12

Toast - Yogurt - Cereal - Scrambled eggs - Assorted Fruit - Coffee -
Tea - Hot Chocolate - Milk Orange Juice

LES OMELETTES

Veggie	\$5
Tomatoes, onions, mushrooms, green peppers	
Jambon fromage	\$6
Ham and cheese	
Provencale	\$7
Tomatoes, onions, mushrooms, ham, cheese, Provence herbs	

LES PANCAKES

Maple Syrup Pancakes	\$4
Nutella Pancakes	\$6
Banana Pancakes	\$8
Banana, Nutella, Whipped cream topped with nuts and maple syrup	

LES SPECIALS

Paradise Parfait	\$8
Low-fat Yogurt, assorted fruit topped with granola and drizzled honey	
Maple French Toast	\$6
Bahama Burrito	\$7
Eggs, peppers, ham or bacon, topped with cheese served in a tortilla	
The Sunrise	\$6
2 eggs sunny side up served with bacon and toast	

BEVERAGES

American Coffee	\$3
Espresso	\$4
Smoothie - Guava - Banana	\$6
Pineapple, grapefruit or cranberry juice	\$2.5

BREAKFAST COCKTAILS

Breezy Mary Vodka,	\$8
tomato juice, tabasco, pepper, green olives	
Morning Mimosa	\$8
Prosecco with splash of orange or pineapple juice	
Island Escape Espresso	\$8
Espresso and baileys topped with whipped cream	

Please inform us of any food allergies

Note : 12% VAT will be added to all bills

Gratuity Tax and service : 10%

Cash Only

LUNCH

SPECIAL

Grilled BBQ Chicken sliders	\$12
Three Cheese Quesadilla	\$12
Fish Tacos	\$16
Chicken Wrap	\$13
Grilled Mahi Sandwich	\$16
La Fourchette Special	\$13
Pita Bread, lettuce tomato, ham, cheese, egg	

BURGERS

Hamburger	\$10
Cheese Burger	\$11
Bacon Burger	\$13
Ultimate Double Bacon Burger	\$18
Two Beef patties double the cheese, Bacon topped with our special sauce	

SALADS

Ceasar salad Lettuce, croutons, parmesan, cheese	\$10
Tropical Island salad Lettuce, pineapple, tomato, orange, onions	\$12
La Parisienne salad Lettuce, ham, mushroom, boiled, egg, croutons, olives	\$12
La Fourchette salad Lettuce, tomato, goat cheese, walnuts, bacon, apple	\$13
Vegetarian salad Lettuce, mushroom, corn, green pepper, tomato, cucumber	\$12

Add chicken : \$4 - Shrimp or Mahi Mahi \$8

KIDS MENU - \$11

Chicken Nuggets + 1 Soda
Croque Monsieur + 1 soda
Toasted ham and cheese sandwich
Kids Burger + 1 soda

DESSERTS

Chocolate Muffin	\$6
Bahamian Rum Cake	\$7
Banana Split	\$8
Sugar Crêpes	\$6
Nutella Crêpes	\$8

Add a scoop of Ice cream : \$2

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DINNER

APPETIZERS

Chicken Quesadilla \$14

Quesadilla de poulet

Hummus Dip \$7

Servi avec son pain pita

Conch fritters \$7

Accras de conque

Goat Cheese & tomato salad \$10

Salade de tomate et fromage de chèvre

Italian Bruschetta \$9

Bruschetta à l'italienne

Chips & salad \$6

Chips et sa sauce salsa

Tuna salad \$12

Salade de thon

Conch Chowder \$10

Soupe de conque

French onion soup \$9

Soupe à l'oignon

MAIN COURSES

Curry chicken \$19

Poulet au curry

Fettucini Alfredo \$19

Pâtes à la sauce Alfredo

Add chicken \$4 or Shrimp \$8

Steak Frites \$25

Pièce de boeuf, frites

Chicken Pesto Linguine \$24

Linguine et son poulet au pesto

Grilled Mahi Mahi \$24

Filet de Mahi Mahi grillé

Teryaki Salmon Filet \$26

Pavé de saumon grillé mariné à la sauce Teryaki

Grilled Snapper \$23

Filet de snapper grillé

Grilled Lobster an Papillotte \$36

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DRINKS

COCKTAILS

Bahama Mama	\$8
Rum, coconut rum, orange & pineapple juice, grenadine	
Gombay Smash	\$8
Rum, coconut rum, pineapple & lime juice	
Sea Breeze	\$8
Vodka, grapefruit & cranberry juice	
Tequila Sunrise	\$8
Tequila, orange juice, grenadine	
Classic Mojito	\$9
Rum, mint, lime, brown sugar, club soda, gingerale	
Cucumber Margarita	\$9
Tequila, lime juice, cucumber, triple sec	
Caipirinha	\$9
Cachaça, fresh lime, brown sugar, crushed ice	
Long Island Ice Tea	\$10
Gin, vodka, rum, triple sec, tequila, lime juice, coke	
Mojito Royal	\$10
Classic Mojito with prosecco	
Old fashioned	\$10
Bourbon whisky, orange zest, angostura, sugar, club soda	
Volcano	\$9
Vodka, orange juice, prosecco, blue curacao	
Sex on the beach	\$8
Vodka, melon liqueur, pineapple & cranberry juice	
Red flag	\$8
Prosecco, cranberry juice, berries	
Cuba libre	\$8
Dark rum, brown sugar, fresh lime, coke	
Bahamas Blue	\$8
Rum, blue curacao, banana liqueur, pineapple juice	

WINES

	Glass	Bottle
Chardonnay	\$8	\$34
Sauvignon Blanc	\$8	\$34
Pinot Griggio	\$10	\$42
Rosé d'Anjou	\$8	\$34
Rosé Minuty	\$10	\$45
Merlot	\$8	\$34
Cabernet Sauvignon	\$8	\$34
Bordeaux	\$10	\$45
Pinot noir	\$10	\$42
Malbec	\$8	\$34

SPARKLING

	Glass	Bottle
Martini Rosé	\$10	\$45
Prosecco	\$8	\$35
Laurent Perrier	-	\$110
Veuve Cliquot	-	\$200

SOFTS

Fruit Juice	\$2.5
Sodas	\$2.5
Water Bottle (50cl)	\$2
San Pellgrino (75cl)	\$6.5
Espresso	\$4

BEERS

Kalik, Sands, Bud Light, Corona	\$5
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MOCKTAILS

Virgin Mojito	\$6
Mint, Lime, brown sugar, club soda, gingerale	
Virgin Paradise	\$5
Orange juice, pineapple juice, grandine	
Fruit Punch	\$5
Grape fruit, orange juice, lime juice, Pineapple juice, cranberry juice, grenadine	

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